

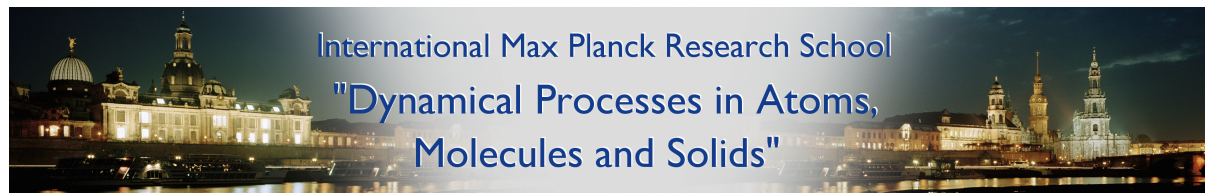
# Atomic Bose-Einstein condensates and Rydberg gases

Sebastian Wüster

*Summer-term 2013*



MAX-PLANCK-GESELLSCHAFT



**TECHNISCHE  
UNIVERSITÄT  
DRESDEN**

# Information

- **contact details:** *Sebastian Wüster,  
Max Planck Institute for the  
Physics of Complex Systems,  
Noethnitzer Str. 38, Dresden  
Office: 2B8*  
  
*email: [//sew654@pks.mpg.de](mailto://sew654@pks.mpg.de)*  
  
*Phone: +49 351 871 2208*  
*web: <http://www.mpipks-dresden.mpg.de/~sew654/teaching.html>*
- **Lecture:** *Wednesdays: 16:40 - 18:10  
Room BZW/ A120/ P  
13 lectures (10.4. - 17.7., not 22.5, 5.6.)  
beamer introduction, then chalk and blackboard + movies and images*

# Literature

- (1) C.J. Pethick and H. Smith, “*Bose-Einstein Condensation in Dilute Gases*”, Cambridge University Press (2002)
- (2) L.P. Pitaevskii and S. Stringari “*Bose-Einstein Condensation*”, Oxford University Press (2003)
- (3) F. Dalfovo, S. Giorgini, L.P. Pitaevskii, and S. Stringari “*Theory of Bose-Einstein condensation*”, Rev. Mod. Phys. **71**, 463 (1999)
- (4) T. F. Gallagher, “*Rydberg atoms*”, Cambridge University Press (1994)

# Outline

1. Introduction
  - 1.1. Motivation
  - 1.2. Revision
2. Ultra-cold atomic gases
  - 2.1. Quantum statistical physics
  - 2.2. Trapping and cooling of atoms
  - 2.3. Interactions between atoms
3. Bose-Einstein condensates
  - 3.1. Field operator
  - 3.2. Gross-Pitaevskii theory
  - 3.3. Excitations of the condensate
4. Rydberg atoms
  - 4.1. Quantum defects
  - 4.2. Rydberg interactions and external fields
  - 4.3. Rydberg excitation and decay
  - 4.4. Dipole blockade
  - 4.5. Field ionization
  - 4.6. Applications in quantum information

# I. Introduction

- Purpose of I.1. motivation:

- \* get you excited about the field of ultra-cold atoms (quantum-atom-optics)
- \* show for what the material presented later is important
- \* personal view: highlight use of BEC for inter-disciplinary physics (quantum simulation)

- Purpose of I.2. revision:

- \* remind you of required material from quantum mechanics and atomic physics
- \* make sure everyone has similar starting point
- \* will **not** replace prior study of these topics, if you notice that you are not familiar with some of the physics, please recap.

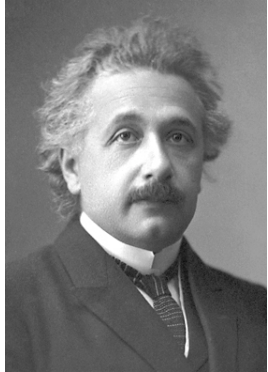
# Survey:

Please indicate for the following physics topics how familiar you feel that you are with them:

	<i>never heard</i>	<i>not had in lecture</i>	<i>remember what it is, but no details</i>	<i>heard and can revise the details</i>	<i>fully familiar</i>
quantum oscillator:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
second quantisation:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
quantum field theory:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
quantum statistical physics:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bose-Einstein statistics:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Zeeman effect:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stark effect:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
two-level atom interacting with light field:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
hyperfine splitting:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
quantum scattering-theory/ partial wave expansion:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# I.I. Motivation

# (part I) Bose-Einstein Condensation



Albert Einstein

*Bose 1924:* Identical quantum particles (e.g. photons) have to be treated as indistinguishable. This affects the counting of the possible ways to realize a given state.

S. N. Bose, *Z. Phys.* **26** (1924) 178.



Satyendra Nath Bose

*Einstein 1925:* This results at  $T=0$  in a case where all **bosons** occupy the same quantum state.

A.Einstein, *Sitzungsber. Kgl. Preuss. Akad. Wiss.* page 261 (1924).

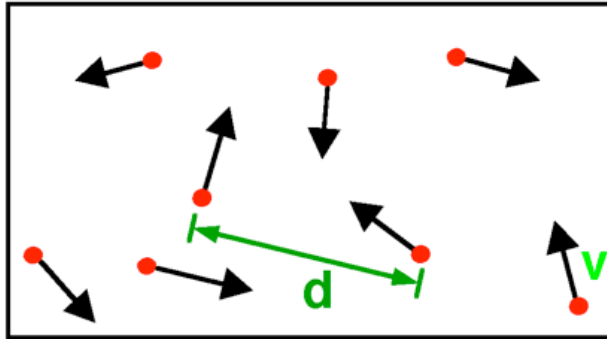
A.Einstein, *Sitzungsber. Kgl. Preuss. Akad. Wiss.* page 3 (1925).

=> **Bose-Einstein Statistics:** Occupation of state with energy  $E$ : 
$$n = \frac{1}{e^{(E-\mu)/k_B T} - 1}$$

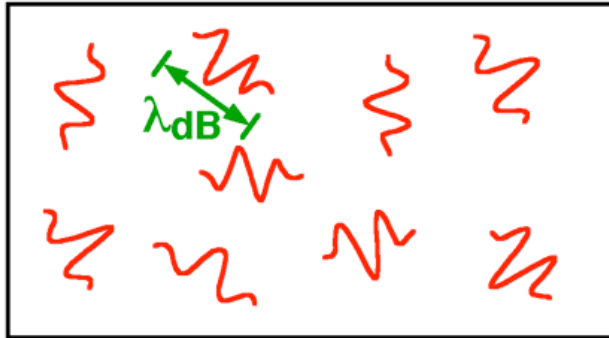
=> **Bose-Einstein Condensation:** At  $T=0$ , all Bosons will occupy **the same** lowest energy quantum state



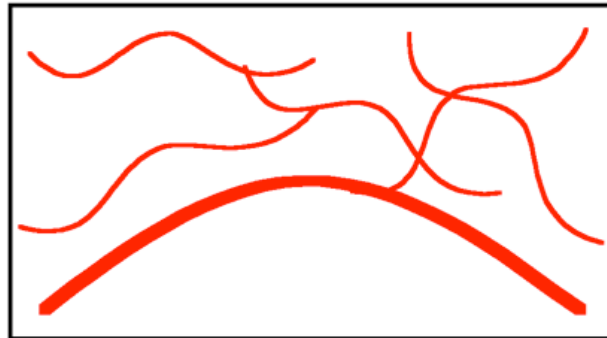
# What is Bose-Einstein condensation (BEC)?



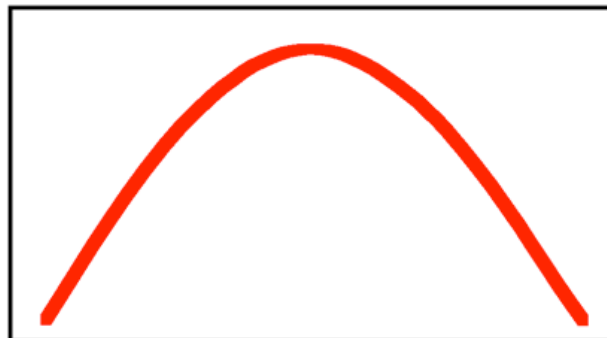
**High  
Temperature T:**  
thermal velocity  $v$   
density  $d^{-3}$   
"Billiard balls"



**Low  
Temperature T:**  
De Broglie wavelength  
 $\lambda_{dB} = h/mv \propto T^{-1/2}$   
"Wave packets"



**$T = T_{crit}$ :**  
Bose-Einstein  
Condensation  
 $\lambda_{dB} \approx d$   
"Matter wave overlap"

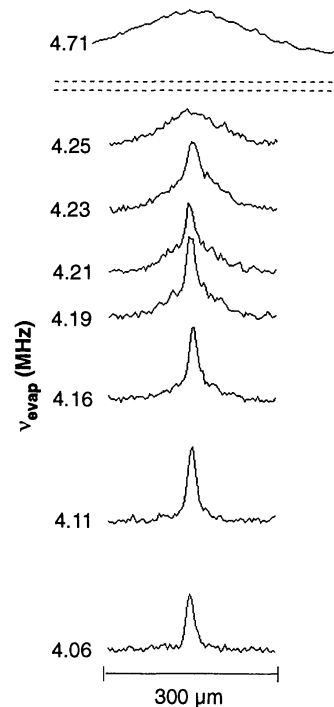


**$T = 0$ :**  
Pure Bose  
condensate  
"Giant matter wave"

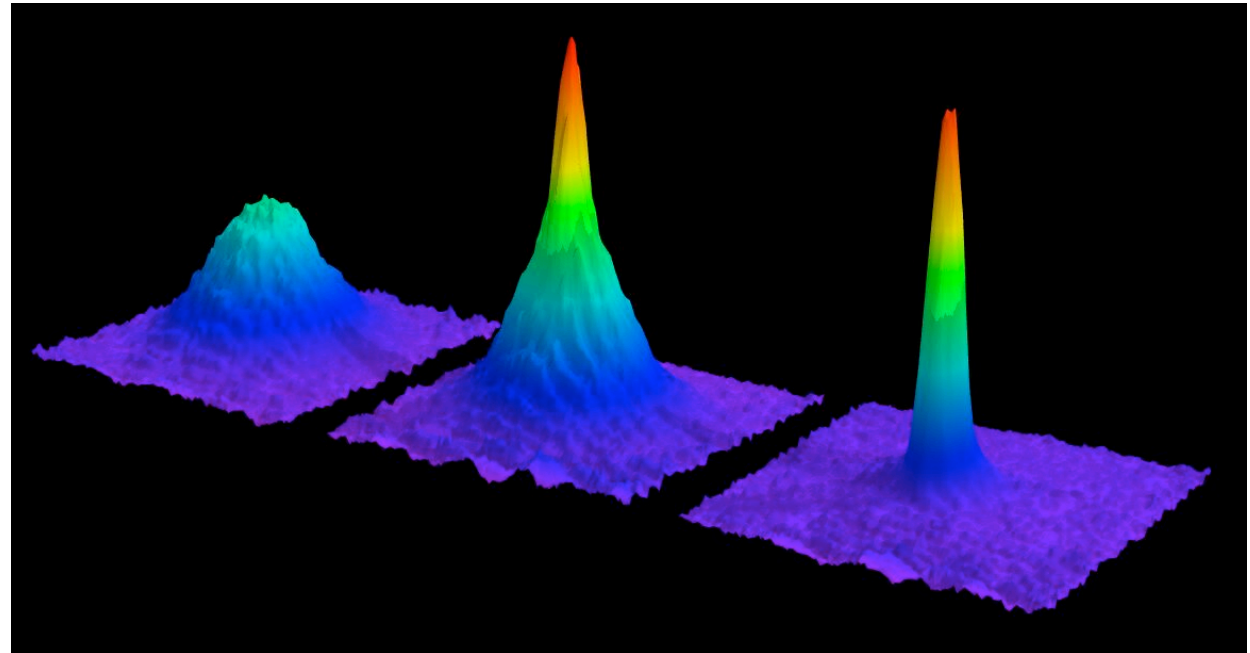
# Experimental Condensation in dilute alkali gases

theoretical prediction of BEC 1925  
experimental realization 1995

Nobel Prize in Physics (2001),  
W. Ketterle, E.A. Cornell and C.E. Wieman



**Fig. 4.** Horizontal sections taken through the velocity distribution at progressively lower values of  $v_{\text{evap}}$  show the appearance of the condensate fraction.



K.B. Davis *et al.*, Phys. Rev. Lett. **75** (1995) 3969.

M. H. Anderson *et al.*, Science **269** (1995) 198.

C.C. Bradley *et al.*, Phys. Rev. Lett. **75** (1995) 1687.

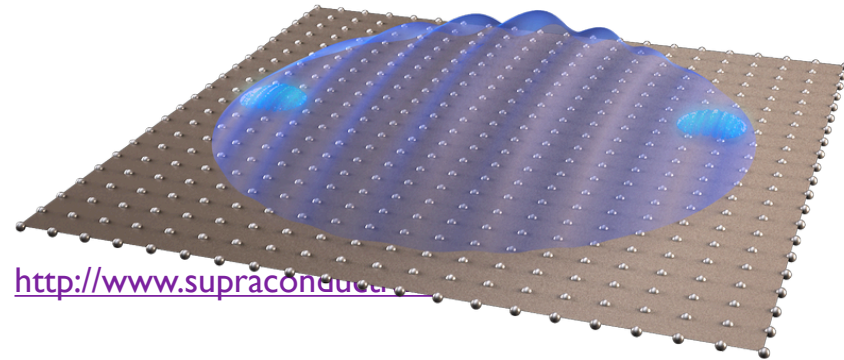
$$T_{\text{crit}} = 170 \text{ nK}$$

crucial techniques: laser-cooling, magneto-optical trap, evaporative cooling => chapter 2

# BEC in other physical systems

(some examples)

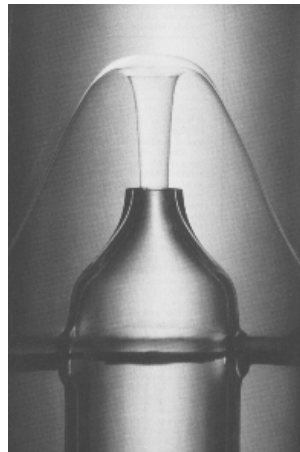
*Cooper-pair condensates in superconductors*



<http://www.supraconductors.com>

- more complicated than direct BEC of alkali-gases, since we first have to bind two Fermions to make a Boson.
- Can see similar effect in degenerate Fermi gases.

*liquid helium, superfluidity*



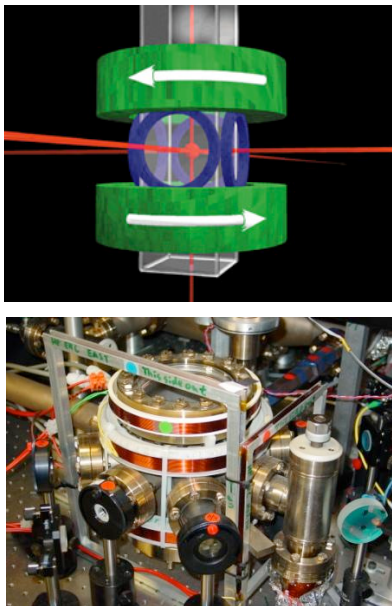
- Helium is strongly interacting, only shows very small condensed fractions

*exciton-polaritons in semi-conductor micro cavities*

# Various atom traps

- Experimental techniques to cool down to the nK regime are anyway quite sophisticated => They then also allow a tremendous degree of control over the BEC/ ultra-cold gas, once it has been created.

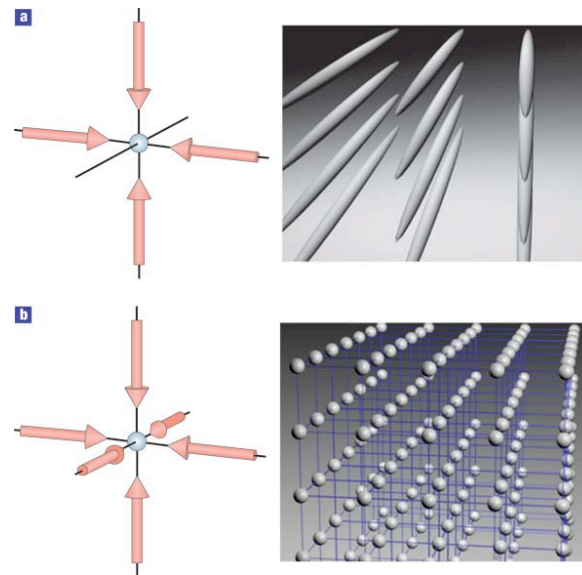
## magneto optical trap



<http://www.physics.otago.ac.nz/research/jackdodd/resources/ResourceFiles/galleryimages/>

- Can confine atoms using magnetic field, electrical fields (from lasers) or both.

## optical lattice



I. Bloch, Nature Phys. **1** (2001) 23.

## ring trap

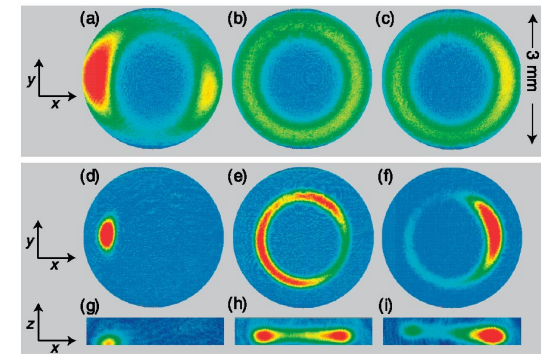
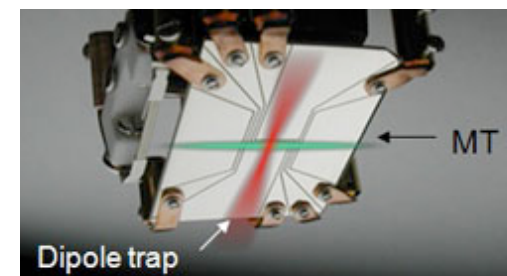


FIG. 2 (color). Atoms in a ring-shaped magnetic trap. Shown S. Gupta *et al.*, Phys. Rev. Lett. **95** (2005) 143201.

## atom chip



[http://www.physics.uq.edu.au/BEC/images/experimental/research\\_combinedtrap.jpg](http://www.physics.uq.edu.au/BEC/images/experimental/research_combinedtrap.jpg)

# Experimental control

## Feshbach resonance (interaction control)

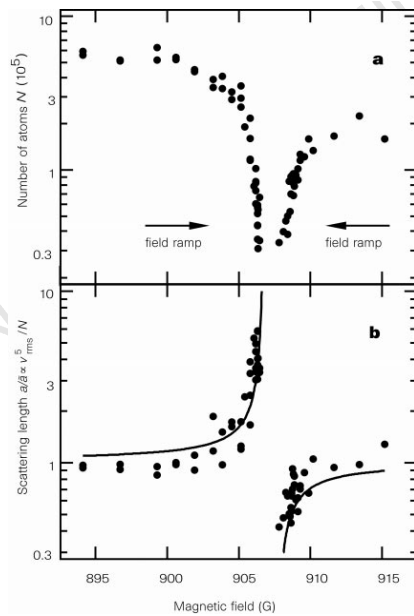
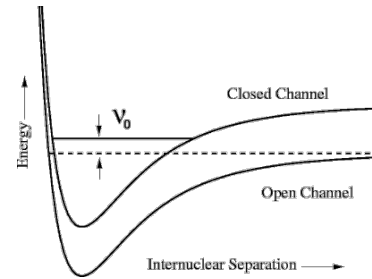


Figure 2 Observation of the Feshbach resonance at 907 G using time-of-flight absorption imaging. **a**, Number of atoms in the condensate versus magnetic field.

S. Inouye *et al.*, Nature **151** (1998) 392.

## Phase imprinting (motion control)

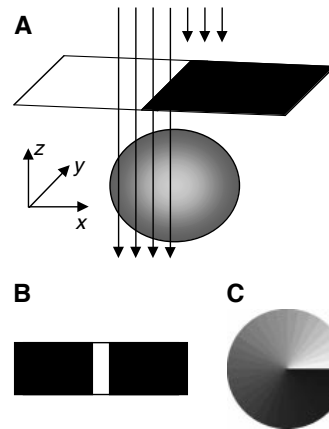


Fig. 1. (A) Writing a phase step onto the condensate. A far-detuned uniform light pulse

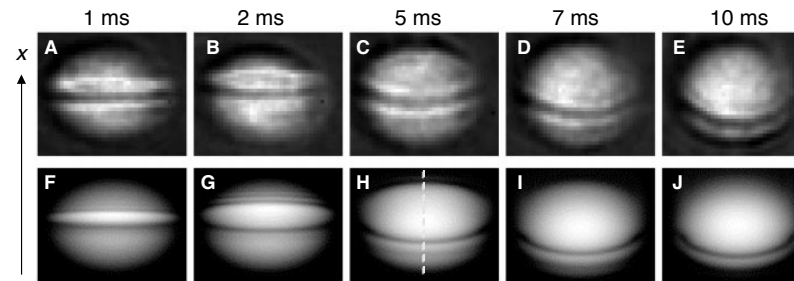
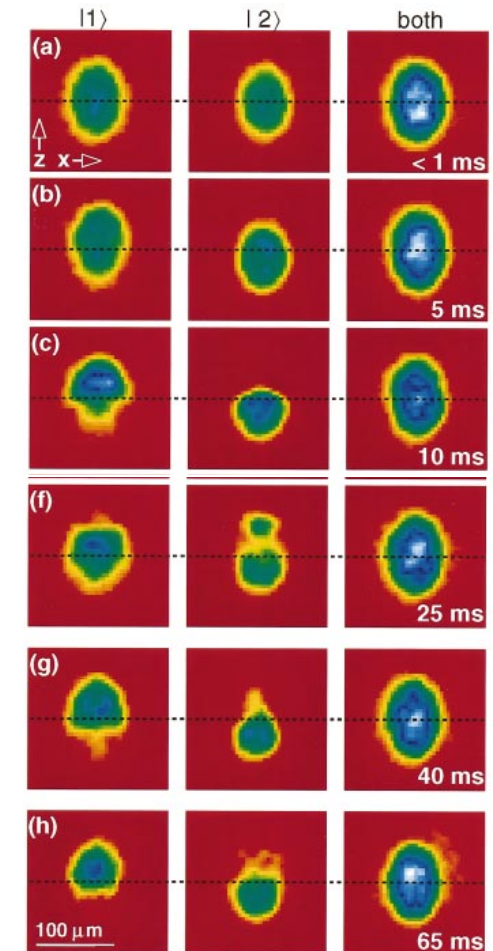


Fig. 3. Experimental (A to E) and theoretical (F to J) images of the integrated BEC density for various times after we imprinted a phase step of  $\sim 1.5\pi$  on the top half of the condensate with a

J. Denschlag *et al.*, Science **287** (2000) 97.

## transitions (internal state control)

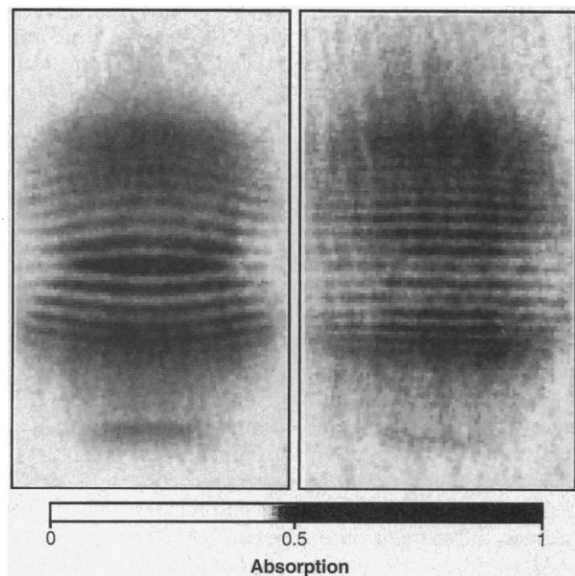


D. S. Hall *et al.*, Phys. Rev. Lett. **81** (1998) 1539.

# Macroscopic matter waves

- single quantum wave-function occupied by **many atoms** can easily be imaged
- the system is analogous to many photons in a laser cavity => atom optics

two condensates  
interfering



scattering partial waves

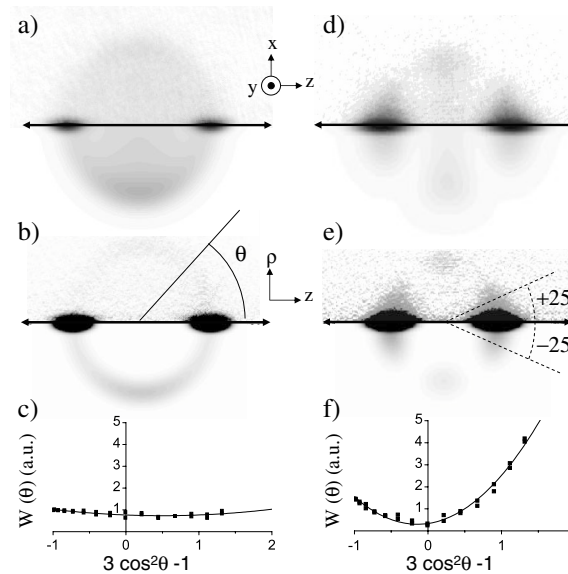


FIG. 1. (a) Optical density of the scattering halo of two  $^{87}\text{Rb}$  condensates for collision energy  $E/k_B = 138(4) \mu\text{K}$ , measured

atom laser

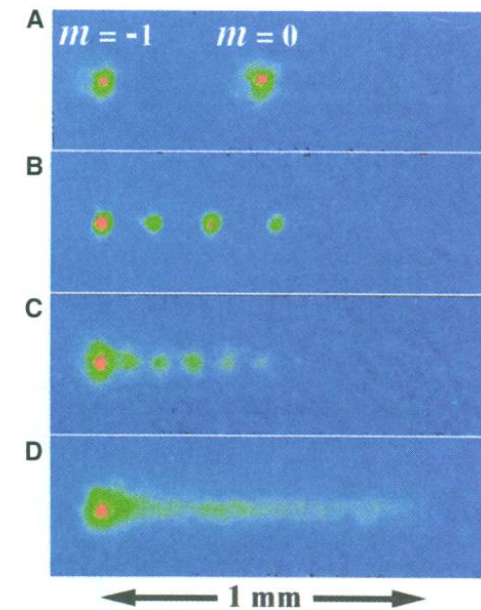


Fig. 4. (A to C) One, three, and six 6- $\mu\text{s}$  Raman pulses, respectively, were applied to the condensate. (D) Firing 1- $\mu\text{s}$  Raman pulses at the

M.R. Andrews *et al.*, Science **275** (1997) 637.

Ch. Buggle *et al.*, Phys. Rev. Lett. **93** (2004) 173202. E.W. Hagley *et al.*, Science **283** (1999) 1706.

# Vortices

Rotating condensates: Circulation is quantized,  
condensate must rotate via vortices.

$$\oint_C \mathbf{v} \cdot d\mathbf{l} = \frac{h}{m} q$$

## Vortices in stirred BEC ( $q=1$ )

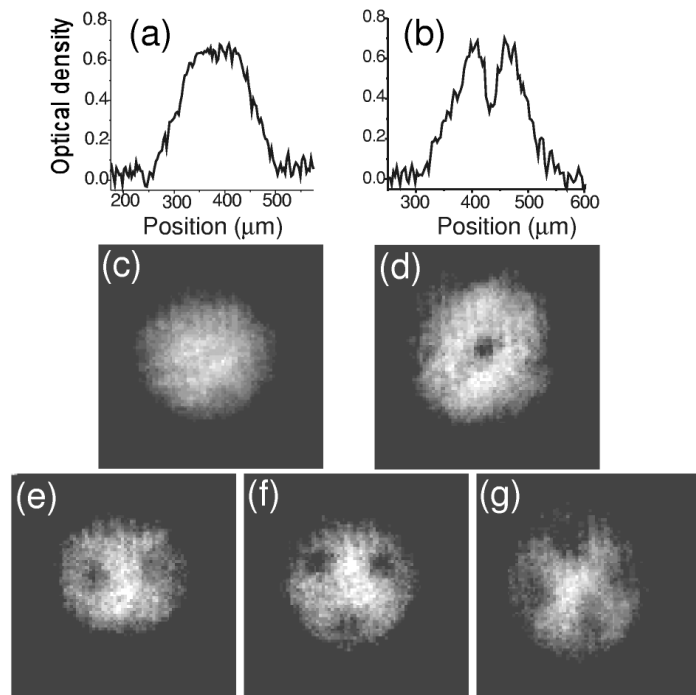
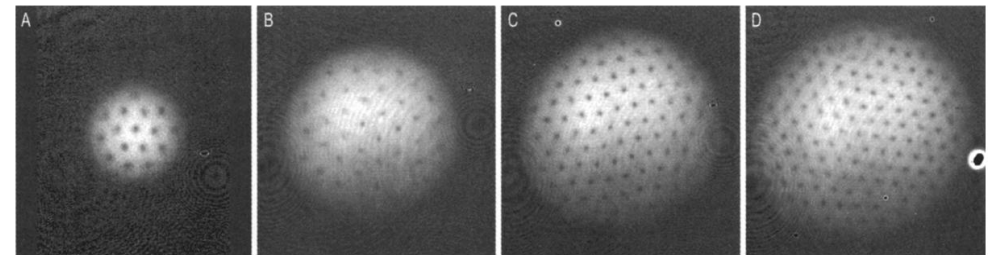


FIG. 1. Transverse absorption images of a Bose-Einstein condensate stirred with a laser beam (after a 27 ms time of flight).

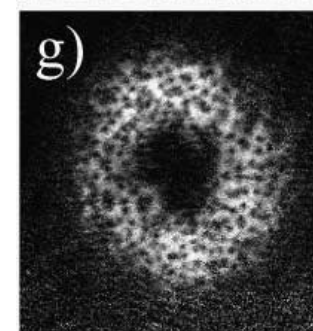
K.W. Madison *et al.*, *Phys. Rev. Lett.* **84** (2000) 806.

## Abrikosov Lattice



J.R.Abo-Shaer *et al.*, *Science* **292** (2001) 476.

## Giant vortices ( $q \gg 1$ )



P. Engels *et al.*, *Phys. Rev. Lett.* **90** (2003) 170405.

# Quantum simulation

**quantum simulation:** new ways to understand complicated (many-body) quantum systems that cannot be fully simulated on a classical computer.

R. Feynman, *Int. J. Theor. Phys.* **21** (1982) 467.

Size of Hilbert space of N particle, M mode system:  $M^N$

*analog quantum simulator:* find a quantum system with the same Hamiltonian but easier access to parameters and measurements.

*digital quantum simulator:* find a system that flexibly can evolve according to a Trotter decomposition of the time-evolution operator.

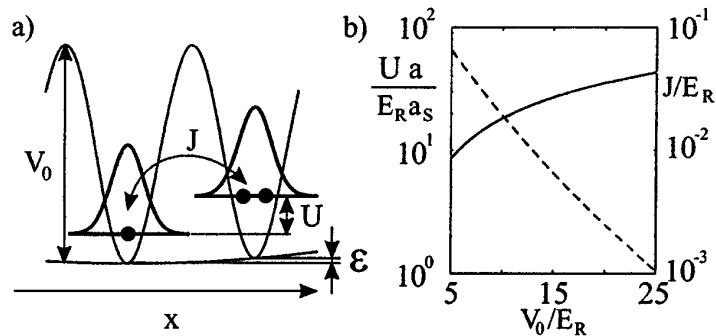
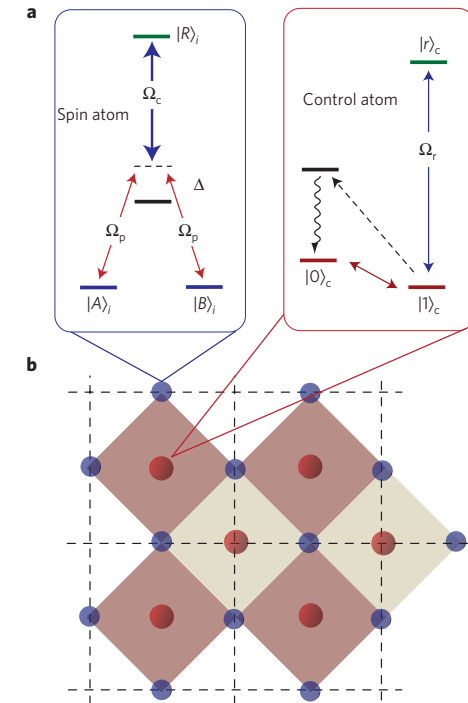


FIG. 1. (a) Realization of the BHM in an optical lattice (see text). The offset of the bottoms of the wells indicates a trapping

D. Jaksch et al., *Phys. Rev. Lett.* **81** (1998) 3108.

$$e^{-iHt/\hbar} = \lim_{M \rightarrow \infty} \left( \prod_k e^{-iH_k t/M\hbar} \right)^M$$



H. Weimer et al., *Nature Phys.* **6** (2010) 382.



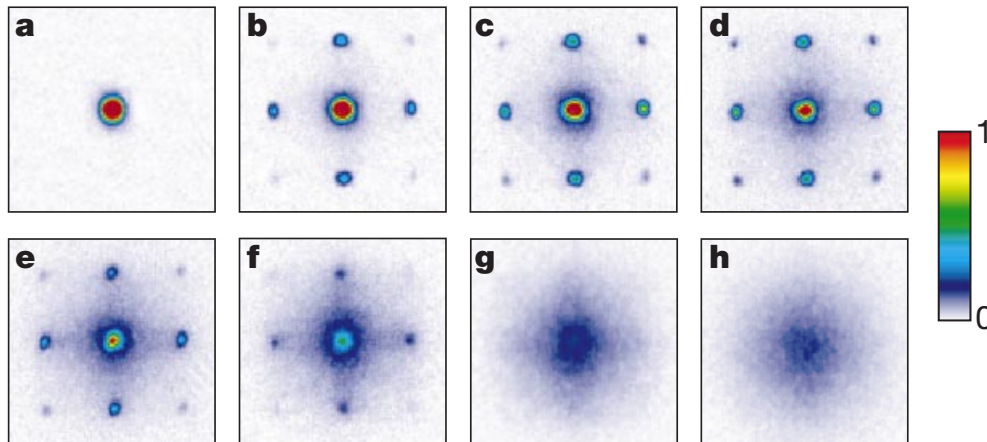
# Condensed matter analogues

(more on quantum simulation)

Mott-Insulator / Superfluid quantum phase transition

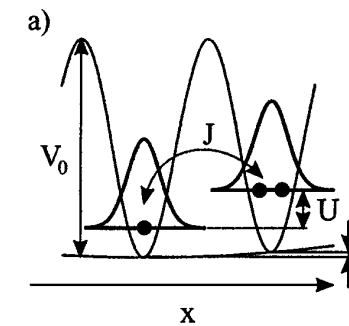
$$H = -J \sum_{\langle i,j \rangle} \hat{a}_i^\dagger \hat{a}_j + \sum_i \epsilon_i \hat{n}_i + \frac{1}{2} U \sum_i \hat{n}_i (\hat{n}_i - 1)$$

Lattice strength decides type of ground-state

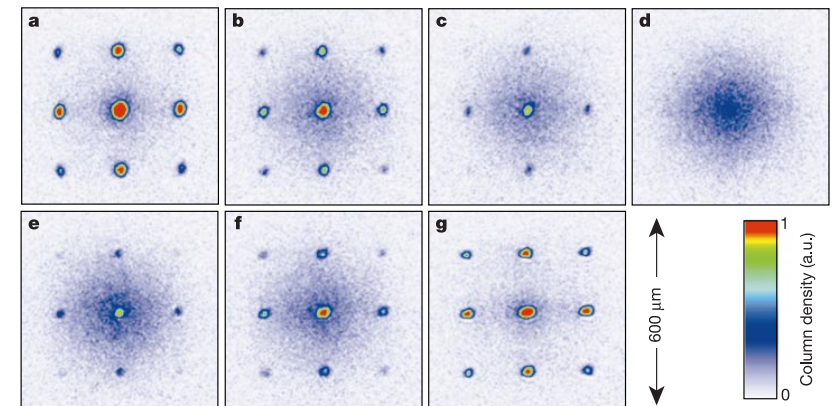


**Figure 2** Absorption images of multiple matter wave interference patterns. These were obtained after suddenly releasing the atoms from an optical lattice potential with different potential depths  $V_0$  after a time of flight of 15 ms. Values of  $V_0$  were: **a**,  $0 E_r$ ; **b**,  $3 E_r$ ; **c**,  $7 E_r$ ; **d**,  $10 E_r$ ; **e**,  $13 E_r$ ; **f**,  $14 E_r$ ; **g**,  $16 E_r$ ; and **h**,  $20 E_r$ .

M. Greiner *et al.* Nature **415** (2002) 39.



collapse and revival



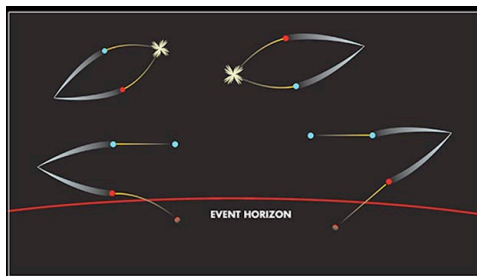
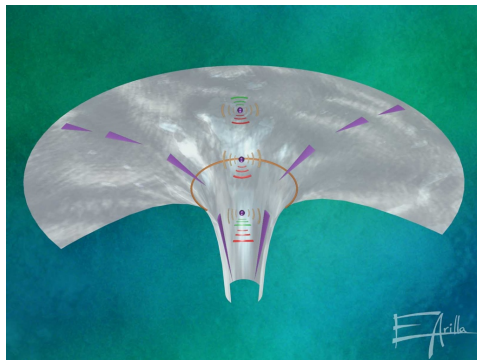
M. Greiner *et al.* Nature **419** (2002) 51.

# General relativity analogues

(more on quantum simulation)

**Analog Gravity:** excitations (sound-waves) in a Bose-Einstein condensate behave in some regime like particles propagating in general relativistic space-times. *C. Barcelo et al., Living Rev. Relativity* **14**, (2011), 3

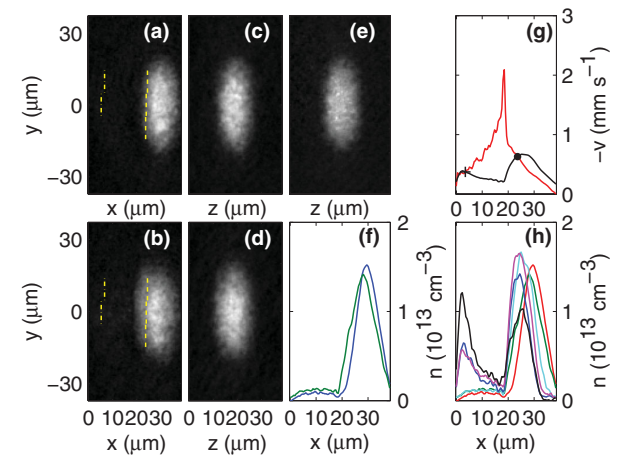
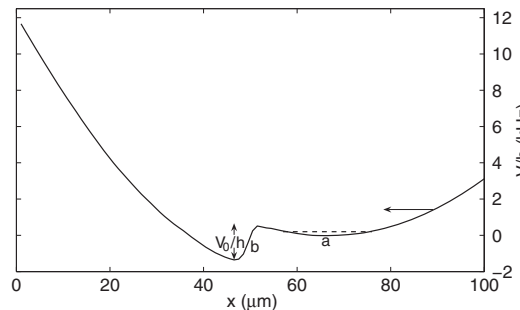
## Hawking radiation



S. Hawking, *Nature* **248** (1974) 30.

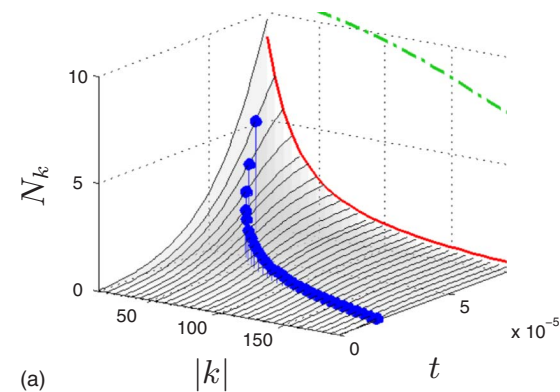
## analogue Hawking radiation in (fluids) Bose Einstein condensates

W. G. Unruh, *Phys. Rev. Lett.* **46** (1981) 1351.



O. Lahav, et al. *Phys. Rev. Lett.* **105** (2010) 240401.

## analogue cosmological particle creation radiation



(a)

## (part 2) Rydberg atoms

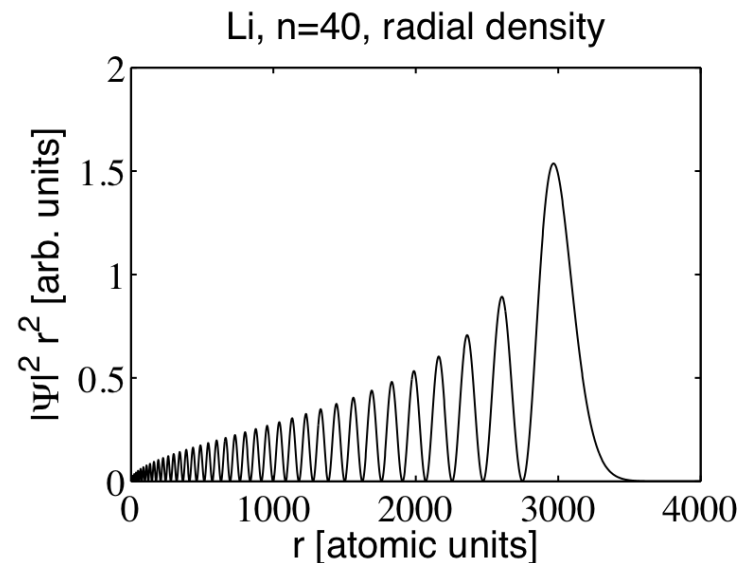


*Johannes Rydberg*

Rydberg 1880: Wavelengths of alkali spectral lines behave according to:

$$\frac{1}{\lambda} = R \left( \frac{1}{n_1^2} - \frac{1}{n_2^2} \right)$$

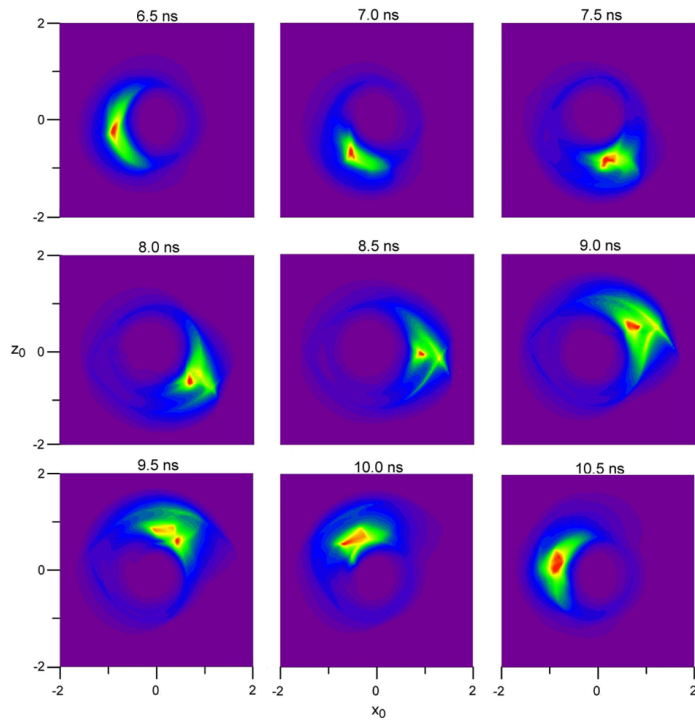
- atoms in states with large principal quantum number  $n \sim 40-100$ .
- Large size  $\sim n^2$  (85nm for  $n=40$ )
- Large polarizability  $\sim n^7$
- Long life times  $\sim n^3$  (40 $\mu$ s for  $n=40$ )
- long range interactions
  - $V \sim n^4/d^3$  dipole-dipole
  - $V \sim n^{11}/d^6$  Van-der-Waals



# Almost classical orbits

**semi-classical description:** de-Broglie wavelength compared to orbital radius becomes smaller and smaller => Understanding that can be gained from classical pictures increases

circular wave packet, Bohr-atom



J. J. Mestayer et al., Phys. Rev. Lett. **100** (2010) 243004.

classical and quantum dynamics

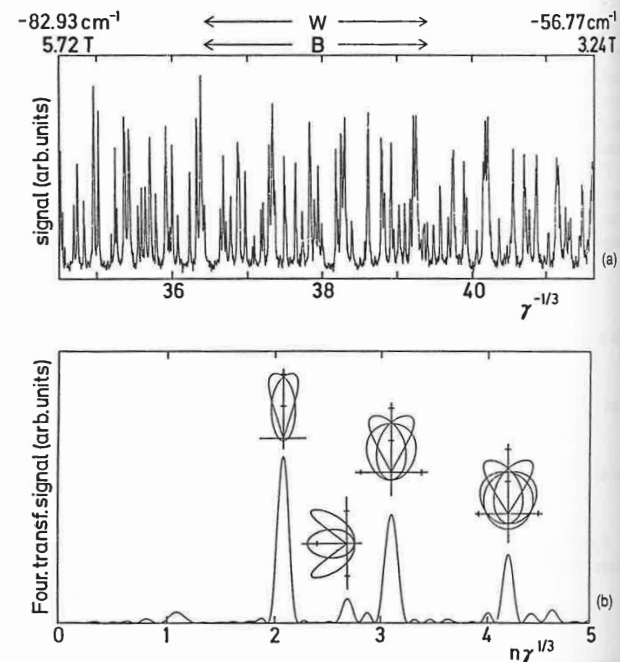


Fig. 9.10 (a) Scaled energy spectrum at  $\bar{W} = -0.45$  as a function of  $\gamma^{-1/3}$ . Range of excitation energy  $-77.7 \text{ cm}^{-1} \leq W \leq -54.3 \text{ cm}^{-1}$  and field strength  $5.19 \text{ T} \geq B \geq 3.03 \text{ T}$ . (b) Fourier transformed action spectrum of (a); closed orbits correlated to respective resonances in  $\rho, z$  projection;  $z$  coordinate vertical (from ref. 27).

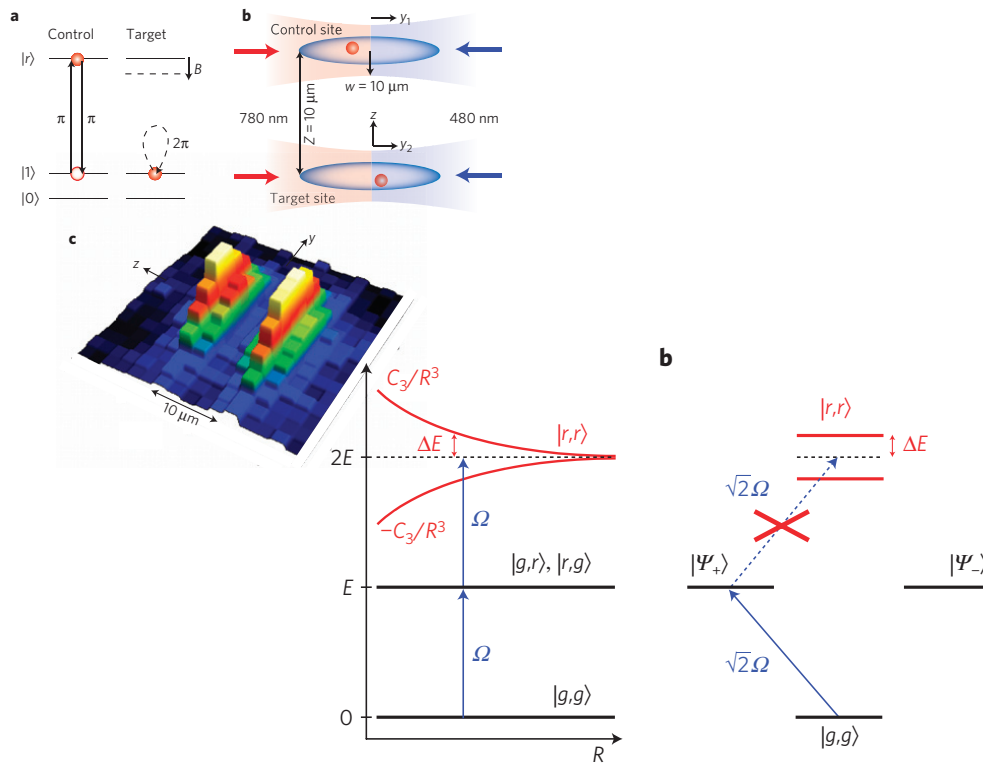
W. Wintgen et al., Phys. Rev. A. **36** (1987) 131.

also can study quantum chaos

# Rydberg-dipole blockade

Interactions between Rydberg atoms at micrometer distances is  $12\ 000$  larger than between ground-state atoms. Micrometer distances allow individual laser addressing.  $\Rightarrow$  interesting for quantum computation

## The blockade effect



E. Urban et al., Nature Phys. **5** (2009) 110.

A. Gaëtan, et al., Nature Phys. **5** (2009) 115.

## Application to quantum gates

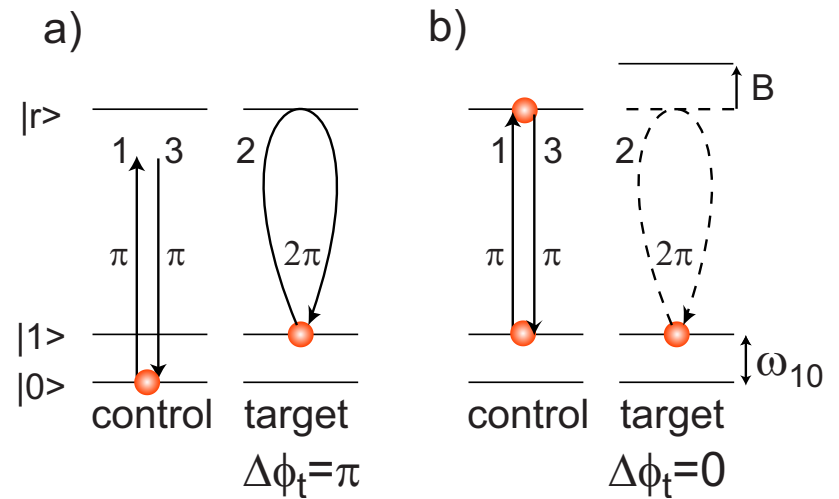


FIG. 2. (Color online) Rydberg blockade controlled phase gate

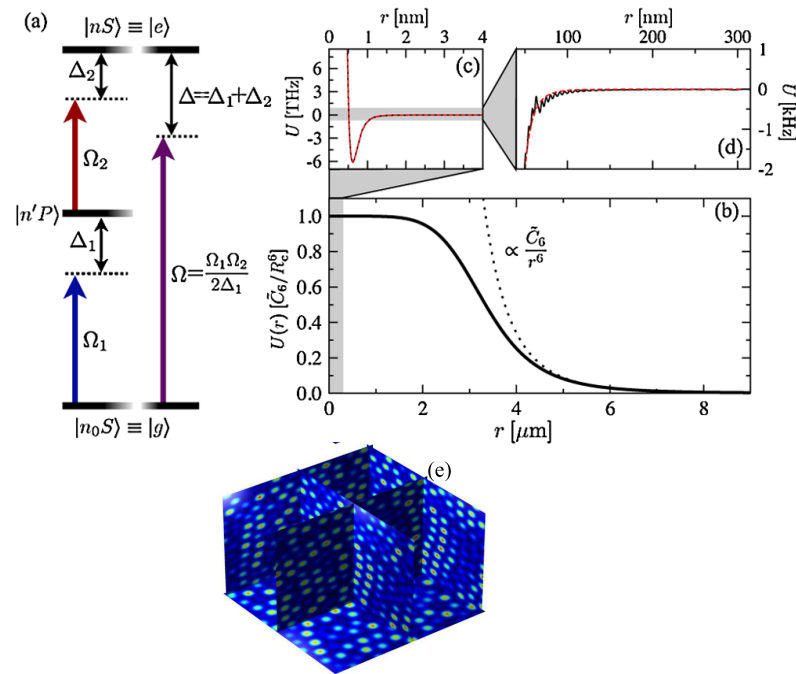
D. Jaksch, et al. Phys. Rev. Lett. **85** (2000) 2208.

M. D. Lukin, et al. Phys. Rev. Lett. **87** (2001) 037901.

M. Saffman, et al. Rev. Mod. Phys. **82** (2010) 2312.

# Rydberg dressing and EIT

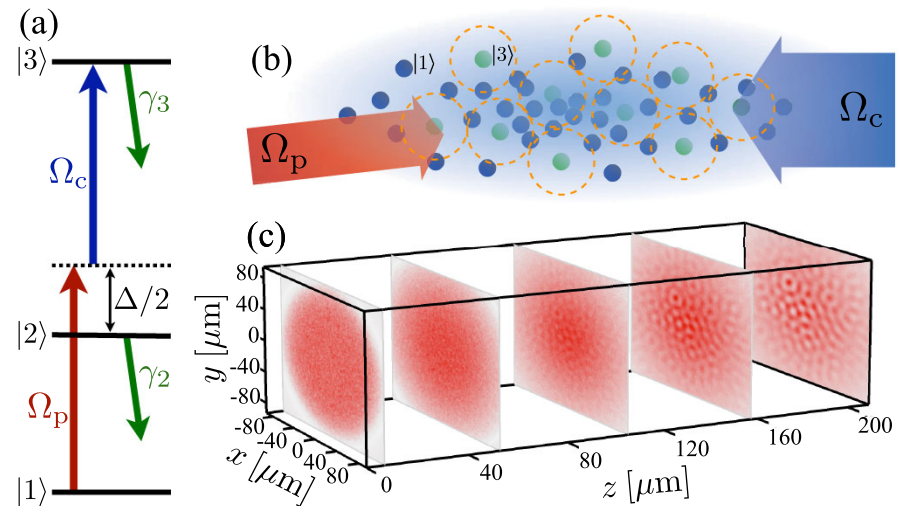
**Dressing:** Off resonant coupling between ground-state and Rydberg state: Very small Rydberg admixture makes ground-state inherit some of the extreme Rydberg properties.



L. Santos, et al. , Phys. Rev. Lett. **85**, 1791 (2000).

N. Henkel, et al. , Phys. Rev. Lett. **104**, 195302 (2010).

**EIT:** Electromagnetically induced transparency. Quantum interference effects leads to zero population in middle level. Extremely sensitive to interactions acting on  $|3\rangle$ .



S. Sevincli, et al. , Phys. Rev. Lett. **107**, 153001 (2011).

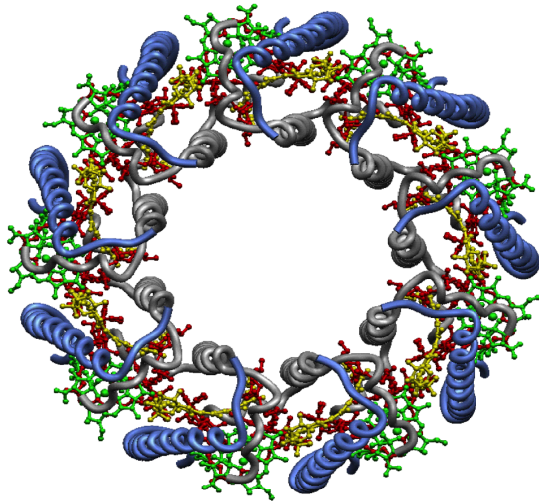
# Excitation transport

(more on quantum simulation)

## **resonant dipole-dipole interactions:**

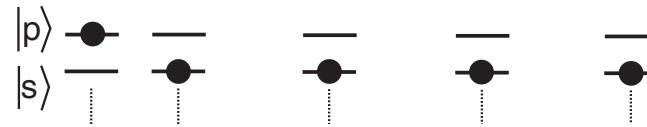
*Fluctuations between dipoles of different atoms (molecules) can lead to excitation transport.*

Photosynthetic light-harvesting complex

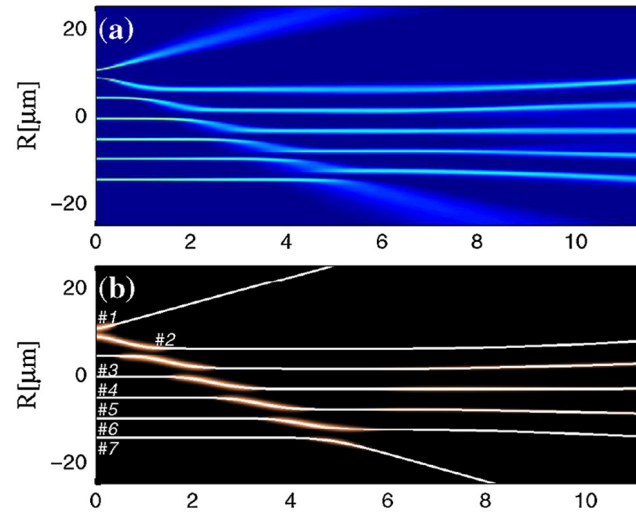


G. McDermott *et al.*  
Nature **374** (1995) 517.

Chain of Rydberg atoms



Adiabatic excitation transport



S.Wüster *et al.*, Phys. Rev. Lett. **105**, 053004 (2010).

## 1.2. Revision

Let's move to blackboard

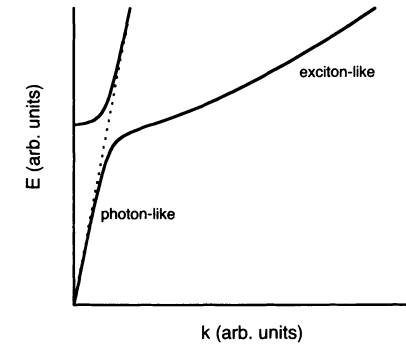
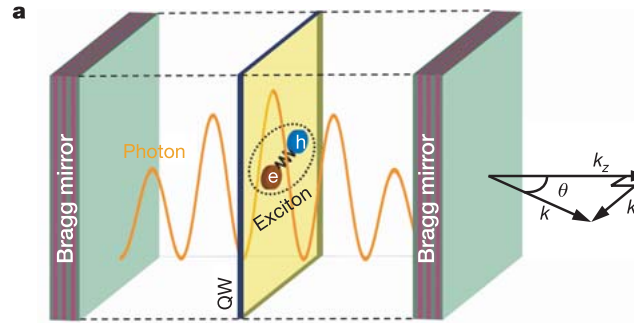


# **Appendix**

# BEC in other physical systems

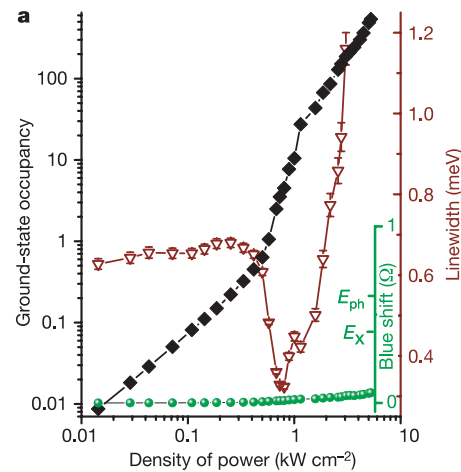
(some examples)

*exciton polaritons  
in semiconductor  
microcavity*

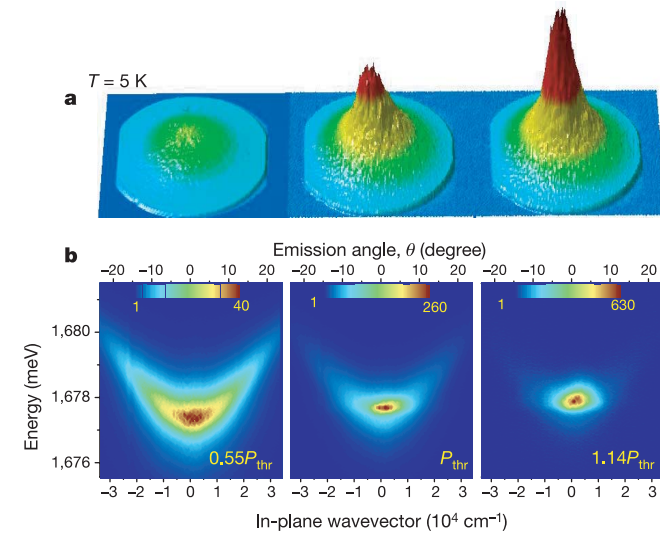


quantum well inside resonator

dispersion relation



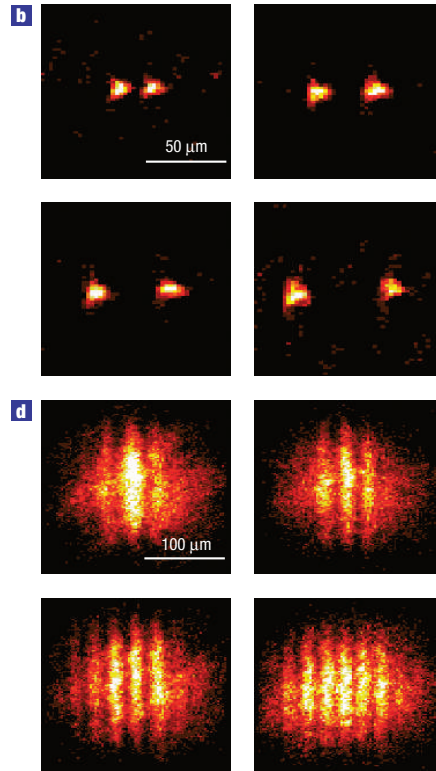
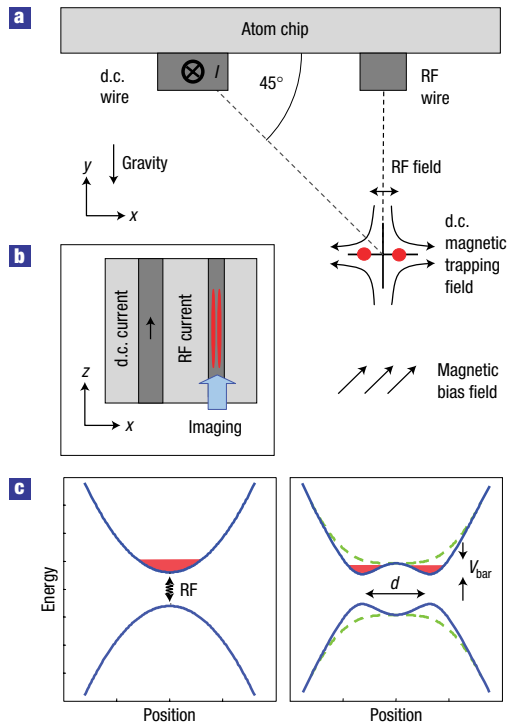
condensation



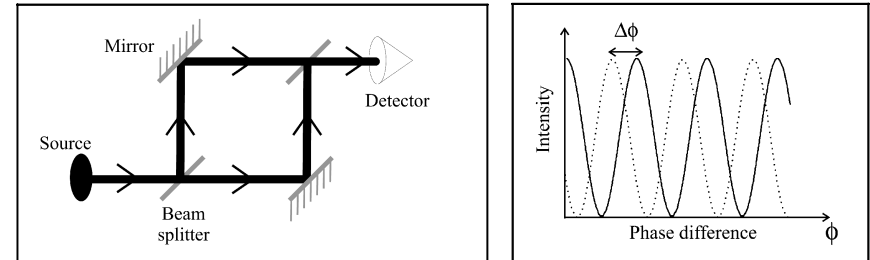
**Figure 2 | Far-field emission measured at 5 K for three excitation intensities.** Left panels,  $0.55 P_{\text{thr}}$ ; centre panels,  $P_{\text{thr}}$ ; and right panels,

# Atom interferometry

## interferometer on an atom-chip



## atom interferometer vs. optical interferometer



$$\Delta\Phi_{\text{light}} = \frac{4\pi}{\lambda c} \Omega \cdot A$$

$$\Delta\Phi_{\text{atom}} = \frac{4\pi}{\lambda_{\text{dB}} v} \Omega \cdot A$$

(Sagnac)

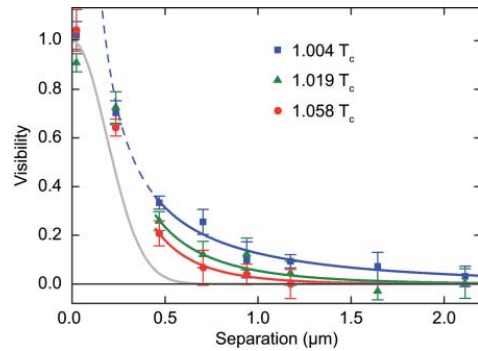
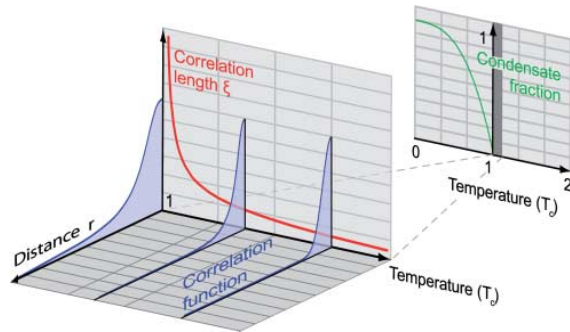
$$= \frac{\lambda c}{\lambda_{\text{dB}} v} \Delta\Phi_{\text{light}}$$

$$= \frac{mc^2}{\hbar\omega} \Delta\Phi_{\text{light}},$$

atoms are 11 orders of magnitude more sensitive than photons

# Ultra-cold phase transition

statistical mechanics and phase transition of interacting system



T. Donner *et al.*, *Science* **315** (2007) 1556.

$$\frac{\Delta T_c}{T_c} = C_0 a n^{1/3} \quad C_0 = 1.3$$

V.A. Kashurnikov *et al.*, *Phys. Rev. Lett.* **87** (2001) 120402.

thermometry

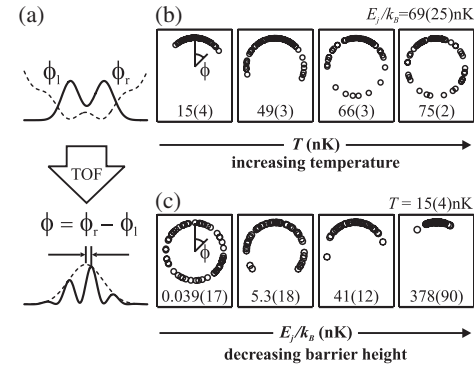


FIG. 1. Observation of thermal phase fluctuations. The experi-

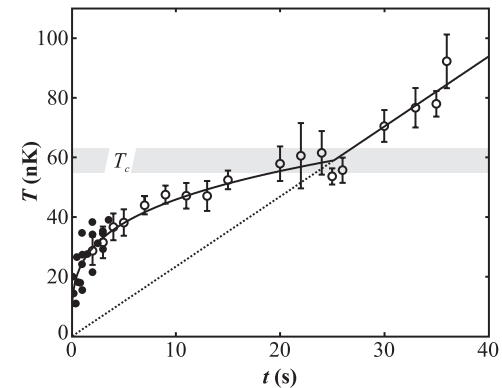


FIG. 4. Heating up of a Bose gas. The filled circles correspond

R. Gati *et al.*, *Phys. Rev. Lett.* **96** (2006) 130404..